ISPCCON 2025

11th National & 3rd International Conference of Indian Society of Pain Clinicians 2025

Theme: Denervation to Regeneration

Scientific Program: 15th November (Day 1)

8:30- 9.00 am	Flag hoisting and Registration				
9-9.40 am	Regenerative session	Time (mins)	Faculty		
	Chairpersons:		Dr Anurag Agarwal, Dr Sujeet Gautam		
	Basis of Regenerative medicine	10	Dr Meenakshi Tiwari		
	Evidence based applications of regenerative techniques (PRP, GFC, BMAC, others)	10	Dr Nimisha Verma		
	How to prepare a PRP that works	10	Dr Abhishek Raj Singh		
	Hyper acute serum (Hypacuse)	10	Sponsored Session		
9.40-10.35 am	How I do it: regenerative therapy	Masterclass: Video + USG demonstration			
	Chairpersons:	Dr Manish Singh, Dr Shivani Rastogi, Dr Rajmala Jaiswal			
	PRP for Tendo-achilles	5+5	Dr Shashank Kumar		
	PRP in Plantar Fascitis	5+5	Dr Abhishek Rajput		
	Hip Joint intra-articular PRP	5+5	Dr Anjali Singh		
	PRP for Rotator cuff tendon tear	5+5	Dr Pratibha Yadav		
	PRP for Medial/ lateral epicondylitis	5+5	Dr Kritika Yadav		
	PRP in OA Knee	5	Dr Sukhdeo		
10.35-11.15am	Denervation session	Time (mins)	Faculty		
	Chairpersons:	Dr Ajit Kumar, Dr Rampal, Dr Rajeev Dubey			
	Thermal, Cooled and Pulsed: How to choose? Which one to use	10	Dr Jay Prakash Thakur		
	Present Evidence: RF Lesioning for Head, Neck and Low back pain	10	Dr Sai Tewari		
	Radiofrequency ablation with Venom canula	10	Dr Devendra Singh		
	Fluoroscopic anatomy for Trigeminal ganglion RFA/PBC	10	Prof. Virendra Mohan		
11.15-11.30 am	Coffee break				
11.30-12.30pm	Conference Inauguration				
12.30- 1.15 pm	Prof Anil Agarwal Oration	Prof. Virendra Rastogi "Pain Medicine in India -Past, Present and Future"			
	Chairpersons	Prof Anil Agarwal, Prof. Virendra Mohan			
1.15-2 pm	Lunch				
2-3PM	Cancer Pain				
	Panelist	Dr Sheetal Gaikwad, Dr Hammad Usmani, Dr Aafreen Siddique, Dr Bhanu Pratap Maurya, Dr Baibhav Bhandari, Dr Ruchi Saxena, Dr Chetna Shamshery			
	Moderator	Prof Sanjay Dhiraj			
3.00-4.20pm	How I do it: Denervation	Video session			
	Chairpersons:	Dr Ajit Kumar, Dr Baibhav, Dr Hammad Usmani			
	Trigeminal ganglion Percutaneous Balloon compression	10	Dr Jasmine		
	Sphenopalatine PRF lesioning	10	Dr Manish Singh		
	Lumbar DRG PRF Lesioning	10	Dr Rakhi Gupta		
	RFA for Shoulder joint osteoarthritis	10	Dr Anuj Jain		
	LFCN PRF lesioning	7+3	Dr Nikita Varun Agarwal		
	Ilioinguinal and iliohypogastric PRF	7+3	Dr Aayushi Bagga		
	Genitofemoral Nerve MIPSI	7+3	Dr Saddam Hussain		
	Cluneal nerve MIPSI	7+3	Dr Abhishek Kumar		
4.20-5.00pm	Orientation session for PG				
	Chairperson	Dr Anuj Jain, Dr Manish Singh, Dr Shivani Rastogi			
	Introduction to Pain Medicine	10	Dr Sujeet Gautam		
	How to pursue pain medicine after PG in India	10	Dr Anurag Agarwal		
	What after specialization in Pain	10	Dr Devendra Singh		
	Q+A with PG students	10mins			
General Body Meeting			5pm onwards		
7-7.30pm		Evening insightful talk by Dr Rajeev Dubey			
Dinner: 7.30PM onwards					

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Scientific Program: 16th November (Day 2)

	AWARD session	Time (mins)	Presentation	Judges	
8-8.30 am	**Poster presentation**	30	Poster	Dr Nimisha Verma, Dr Manish Singh, Dr Siddharth,	
	Contrast spread in One minute+ Thesis in chronic pain	30	Podium		
8.30-9am	**Prolotherapy session**				
	Chairperson		Dr Richa Agarwal, Dr Mohit		
	Mechanism & agents for prolotherapy		10	Dr Khushboo Sharma	
	Clinical applications and Evidence of prolotherapy		10	Dr Dhruv Jain	
	How to choose between PRP vs Dextrose for musculoskeletal pain		10	Dr Shaina Kalra	
9- 10.15 am	**Advances in Denervation: Hybrid session**				
	Chairperson	Prof. Anil Agarwal, Prof. Virendra Mohan, Prof. Virendra Rastogi			
	Recent advances in regenerative medicine	15+5	Dr Surabhi (Hybrid)		
	Cervical interventions for axial neck pain	15+5	Dr Salim Hayek		
	Technological advancements, Nimbus / venom needle; Sphenopalatine block/ side kick canula	15+5	Dr Aman Ahuja		
	Why is my PRF not working" what am I doing wrong?	10+5	Dr Akhilesh Tiwari		
10.15-11.00am	**Advances in Denervation and Regeneration**				
	Chairperson:		Dr Dhruv Jain, Dr Rajeev Dubey		
	PRP Vs GFC Vs BMAC: Any difference in outcome?		15	Dr Krishna Poddar	
	Cryoneurolysis: My experience		15	Dr Siddharth Verma	
	Tissue regeneration as an integral part of pain management with evidence		15	Dr BS Rajput	
11-11.30 am	**Coffee break**				
11-30-1pm	**How I Do it session+ master class**				
	Chairperson		Dr Anurag Agarwal; Dr Devendra Singh, Rajmala Jaiswal		
	CLO approach for cervical epidural MIPSI	10	Dr Shivani Rastogi		
	Patello-femoral arthritis and chondromalacia patella	10	Dr BS Rajput		
	Sinu-vertebral nerve block	10	Dr Ajit Kumar		
	USG guided Cervical nerve root hydro dissection	5+5	Dr Baibhav Bhandari		
	Piriformis muscle injection	5+5	Dr Aparimit		
	Carpal Tunnel hydrodissection	5+5	Dr Navneet Gupta		
	Shoulder joint capsular hydro dissection	5+5	Dr Anwesha Banerjee		
	ACNES hydro dissection	10	Dr Pratyush		
1-2 pm	**Lunch**				
2-3 pm	**Low back Pain**				
	Chairperson	Dr Anuj Jain, Dr Manish Singh, Dr Ajit Kumar			
	Vertebral augmentation	10	Dr Anurag Agarwal		
	endoscopic structure identification	10	Dr Brihaspati Tiwari		
	Case 1: Subarticular Protrusion Case 2: Cranial or Caudal Migration	15 15	Dr Devendra Singh Dr Susheel Jaiswal		
	Blood & fluid management in endoscopy for Spine	10	Dr Brihaspati Tiwari		
3.30pm	**Valedictory Function**				